

Phoenix Plus (16-25 year olds)

Bluebell Walk

Saturday 22nd April

Great Ashby woods

2:30pm-3.30pm

FREE

Sign Singing Performance

Saturday 6th May

Hertford Theatre at 7pm

(perform or come to watch, tickets

available from Hertford Theatre)

limited transport available

Trip to Brighton

Monday 15th May

(organised by the over 19s)

£20

Bowling, Meal and Committee

Meeting

Tuesday 30th May

Bowling and Chiquitos in Stevenage for
the over 16s committee meeting

1pm- 5.30pm

Price includes bowling

(pay for your meal)

SB £3.50 /£5

Picnic and Film

Monday 19th June

Make lunch at Phoenix

picnic weather permitting

11am - 4pm

SB £1.50 /£3

SUMMER

Covent Garden and Transport Museum
experience street food and entertainment

Monday 24th July

10am-5pm

price includes transport

Money for lunch will be required

SB £7 /£10

A Royal Day Out

(Tour of Buckingham Palace)

Monday 31st July

9.30am-5pm

SB £10 /£20

Family trip to Southend

Monday 7th August:

Spending money required

Coach collections from Stevenage and

Hatfield

Leaving Stevenage at 9:30am and

Hatfield at 10am

Leaving Southend at 6pm

£7

BSL and Family Sign

Family Signing

(beginner group and intermediate group)

(Children must be 7+)

Wednesday 31st May

Time: 11.00am until 3.00pm

Phoenix Centre

Cost: Free

Please bring a packed lunch

Weekly Signing Group

For parents and carers

Thursdays 1:50-2:50pm

Term time only

Phoenix Centre



April - August Activities 2017



PHOENIX

Group for Deaf Children and Young People



Call: 01438 722142

Text: 07748 690989

info@phoenixgroup.org.uk

www.phoenixgroup.org.uk

Charity Number: 1123119

Who are we?

The Phoenix Group supports deaf children, young people and their families. We are respectful and supportive of each other.

We aim to:

- Empower young people up to the age of 25 who have a hearing impairment
- Help overcome barriers and promote independence
- Build confidence and self esteem
- Be led by our members

As we are user-led, our members guide our plans and approaches. Our wide range of activities take place across Hertfordshire and occasionally include daytrips or residential trips elsewhere. Communication support is available.

We look forward to working in partnership with you and your family!

Booking Information

In order to provide age appropriate activities with appropriate staffing ratios, please ensure that your children are within the specified age ranges.

Bookings and payments can be made online at:

www.phoenixgroup.org.uk

Book early to avoid disappointment!

For further information, email info@phoenixgroup.org.uk
or contact the office on 01438722142 / 07748690989

In this booklet, you may notice the following abbreviations:

DCYP—deaf children and young people only

Sibs—siblings only

SB—Short Breaks (see following paragraph)

Youth Group (13-17 year olds)

TERM TIME

Sign Singing Practice

(for the show)

Thursday 27th April & Wednesday 3rd May

4.30pm—6pm

Sign Singing show @Hertford Theatre

(perform or come to watch)

Saturday 6th May

Show starts 7pm

Tickets are £10 from Hertford Theatre

Limited transport available

Ice Skating at Planet Ice

Saturday 24th June

1pm - 4pm

Hemel Hempstead

SB £6 /£10

Picnic, Sport & Youth Committee Meeting

Saturday 15th July

12.30—4pm

Stanborough Park (weather permitting)

FREE

HALF TERM

Tower of London and Thames Boat Trip

Wednesday 31st May

10am— 5pm

SB £12 /£20

Chill Out

Pool, table tennis, art and gardening,

Youth Committee meeting and a film

Friday 2nd June

4pm — 8pm, FREE

SUMMER

Come Dine at Phoenix

25th, 26th and 28th July

plan, cook and entertain your friends!

Attendance at all 3 sessions is best

11am-3pm

SB £1.50 a day /£3 a day

Football training with Watford FC

Thursday 3rd August

10:45— 14:45

Cassiobury Park, Watford

SB £3.50 /£5

Surfing

Friday 4th August

10am - 4pm

Twinwoods Adventures, Bedfordshire

SB £8 /£15

Family trip to Southend

Monday 7th August

£7 per person

Please note: Over 13s can choose to be

supervised or unsupervised during this

trip. Spending money is required.

Coach from Stevenage and Hatfield

Leaving Stevenage at 9:30am, 10am from

Hatfield

leaving Southend at 6pm

P.T.O for over 16s activities

At Phoenix, we are committed to meeting the needs of all of our members and have recently reviewed how we manage the wide age range of our members. Therefore, the Phoenix youth group has changed its age bands to provide more age appropriate friendship groups and activities. There is an age cross over with some groups so that you can join the new group gradually and occasionally there will be activities that involve everyone coming together.

We hope to welcome you soon

Phoenix Flyers (10-13 year olds)

Unlike the Cheeky Monkey group, parents do not stay at these sessions.

HALF TERM

Go Ape (High Ropes) in Trent park, Barnet. **Thursday 1st June, 11am –3pm**
This is a challenging activity, please only book if you are not afraid of heights!
Participants minimum height is 1.4m; this is very important! £10

SUMMER

Swimming at Letchworth Pool
(wave machine)
Thursday 27th July
11am –1pm
SB £1/ £2.50

BSL Level 1 unit 101
Tues 1st, Wed 2nd August,
Tues 8th and Wed 9th August
10am-4pm
Phoenix Base in Stevenage.
(we recommend that you attend all 4 sessions)
SB £3/£5 a day

Football training with Watford FC
Thursday 3rd August
10.45am– 2.45pm
Cassiobury Park, Watford
SB £3.50 /£5

Trip to Southend
Monday 7th August
(under 13s must be accompanied by a parent or guardian
Spending money required
Coach collections from Stevenage and Hatfield
Leaving Stevenage at 9:30am and Hatfield at 10:00am
Leaving Southend at 6pm
£7 per person

Rounders and Picnic in the Park
Thursday 10th August
Ridlins Park, Stevenage
12:30-3:30pm
FREE

NEW!

New Project: Short Breaks

Information for Parents

Thanks to the Short Breaks Local Offer from Hertfordshire County Council, we are now able to offer certain activities for deaf children and young people aged 8-18 at a reduced price for those who register with Kids HUB. The reduced rate for any Short Breaks activity is marked 'SB'. To book at this price, click the 'Short Breaks' icon under the events calendar on our website.

How to Register:

Application forms are available from the Phoenix office and will not take long to complete. We are happy to help you with this process. You need to bring proof that you live in Hertfordshire and evidence of your child's age. If you have a DLA, PIP or a letter from your child's GP or school that recognises their hearing impairment, please bring that too.

Further Information:

A Kids HUB representative will be visiting Phoenix on the 6th May at 3pm to share more information about Short Breaks and answer any questions that you might like to ask. This will coincide with the parent workshop, chat club and siblings group scheduled that afternoon. We are arranging further sessions in other locations if you are not able to attend on the 6th. If you have queries but can't attend a meeting, please contact Sarah, the Short Breaks project leader at the office or by e-mail on activities@phoenixgroup.org.uk.

Thank you to our funders who have kindly enabled us to provide the activities in this booklet.



What's On?

Family Events



Chat Club, Siblings Group and Parents

Workshop (over 8 year olds only)

Sat 6th May & Sat 22nd July

3.00pm - 5.15pm

Phoenix Centre

Cost: £2.50



Whipsnade Family Day

Saturday 17th June

10.00am

Whipsnade, Dunstable, LU6 2LF

Cost: Adult £13.25/Carers - Free/Child £9

(Please purchase your tickets from ZSL Whipsnade)

Willows Farm

Wednesday 26th July

11.00am - 3.00pm

Willows Farm, Red Lodge, Coursers Road, St. Albans, AL4 0PF

Cost: £7.00 (1 free carer per DCYP)

Please bring a packed lunch

Paradise Park

Friday 4th August

11.00am - 3.30pm

White Stubbs Lane, Broxbourne, EN10 7QA

Cost: £ 7.00 (1 free carer per DCYP)

Please bring a packed lunch.

Friday

Phoenix Swim

(incl. BSL swimming signing games)

Saturday 5th August

5:15-6:30pm

Westminster Lodge, Holywell Hill, St. Albans, AL1 2DL

Cost: £3.00

Phoenix Seaside Trip to Southend

Monday 7th August

Coach from Stevenage at 9:30am and Hatfield 10am, leaving Southend at 6pm

Cost: £7 per person

Phoenix Chicks (0-7 year olds)

Aldenham Multi Sensory Play Centre

Wednesday 31st May

10.00am until 12 noon

Aldenham Country Park, Elstree,

WD6 3BA

Cost: £4

Swim Session TBC

(including a swimming lesson)

Saturday 5th August

3:45-5:00pm

Westminster Lodge, Holywell Hill,

St. Albans, AL1 2DL

Cost: £3.00

Phoenix Chicks Fun & Games in our

new outdoor play area

(incl. baby sign session)

Thursday 10th August

10.00am until 12. noon

Phoenix Centre

Cost: Free



Cheeky Monkeys (8-13 year olds)

Horse Riding & Woodland Walk

DCYP Only

Tuesday 30th May

2.30 pm - 4.30pm

Hooks Cross Equestrian, Oaks Cross

Farm, Hooks Cross, Walton at Stone,

SG14 3RY

Cost: SB £4 /£10



Top Golf

Friday 2nd June

11.00am - 2.00pm

Top Golf, Bushey Mill Lane, Watford,

WD24 7AB

Cost: SB £5 /£8

Lunch included



Trampolining

Siblings Only

Monday 24th July

11.45am - 2.00pm

Mega Jump, Meteor House, Manor Way,

Borehamwood, WD6 1QQ

Cost: £7 (lunch included)



Trampolining

DCYP only

Sunday 30th July

8.45am -10am ('quiet' session)

Airspace 1, Stevenage Leisure Park,

SG1 2UA

Cost: £5



Fire Station Tour & Danger Den

Tuesday 1st August

1.00 pm - 3.00pm

St. Albans Community Fire Station 153,

London Road, St. Albans, AL1 1TQ

Cost: Free



Watford FC Football

Skills and Games

Thursday 3rd August

10.45am - 2.45pm

Cassiobury Park Avenue,

Watford, WD18 7HY

Meet outside the Cha Cafe

Cost: SB £3.50/ £5

Bring a packed lunch



Dragon Boat & Climbing Wall

Wednesday 9th August

11am-2pm

Fairlands Valley park, Six Hills Way,

Stevenage, SG2 0BL

Cost: SB £6 /£8

Please bring a packed lunch

